

Physical Education

Our Intent for our Physical Education curriculum:

Our PE curriculum is designed to meet the content of the National Curriculum. It prepares pupils to participate in a wide range of physical activities. We recognise that it is important for children to partake in regular physical activity. At Magdalen Primary School we believe that Physical Education, School Sport and Physical Activity (PESSPA) plays a unique and essential role in helping all children to develop the knowledge and understanding, skills, capabilities and attributes necessary for mental, emotional, social and physical wellbeing now and in the future. All children are entitled to a rich, broad and balanced curriculum, where Physical Education is a critical element. Physical Education, School Sport & Physical Activity are similar in that they all include physical movement, but there are important differences between them.

Our Implementation for our Physical Education curriculum:

Each year group partakes in two PE lessons a week and extra-curricular clubs are also provided across the school. Here at Magdalen Primary School we passionately believe in the importance and the benefits of all children engaging in active, healthy PE lessons. As such we have used some of our PE and Sport Premium to provide professional learning to develop the quality of teaching and learning in National Curriculum PE, supporting all staff to plan and deliver active PE lessons.

The impact of our Physical Education Curriculum:

Our curriculum equips children with the skills to become active and live a healthy lifestyle. Children will learn key vocabulary and should be able to recall this in everyday life. We aim for children to have a knowledge and understanding of a wide range of skills taught through physical exercise. Children will build resilience through their work and are encouraged to learn from their mistakes and to try their best. We are actively teaching skills for children to become more confident and work as a team when taking part in physical activities.