

Date: 12th January 2018

Council members present:- Ruby, Kimberley, Ethan, Olivia, Daniel, Harvey-Jay, Emily, Ollie, Brooke, Aicia

Apologies: nobody!

Agenda:

- 1. Ruby will read the minutes of the last meeting Harvey-Jay will sign them as a true record.
- 2. Any matters arising?
- 3. Lunches do we like Quorn meatballs? What could we have instead of soup (jacket potato)?
- 4. Look at the ideas for promoting healthy lunches in school. We'll discuss these as we are creating labels etc for the hall display board.
- 5. Closing prayer

Minutes

- 1. The minutes were signed as a true record.
- 2. Matters arising we're going to discuss healthy lunches at today's meeting. Councillors were disappointed about the buffet lunch at the end of last term. The actual buffet didn't match the letter that went home. Mrs Mills will talk to the ladies in the kitchen.
- 3. Instead of soup councillors suggested lasagne, jacket potato, pasta sausage with cheese. Quorn meatballs they were a hit with those councillors who tried them.
- 4. We looked at the Change 4 Life booklets councillors decided that these should be sent out, attached to a letter for parents. We went to the ICT suite to look at the website. Useful resources included:-

Chart showing healthy and unhealthy food

Presentation for assembly

Quiz — healthier snacking show.

Film about sugary snacks

We discussed foods that are green / amber / red — this will be communicated via a letter home and school council presentations. We discussed a healthy lunch box chart for the hall — winners in KS1 get Betty Broccoli and winners in KS2 get Casey carrot.

5. Next Steps – Mrs Mills will write a letter to parents, subscribe to the Change4 Life website and make a chart for hall, write up the green/amber/red foods.

A MEETING WILL BE CALLED NEXT WEEK DURING SCHOOL TIME TO FINALISE PRESENTATIONS ETC.